



## CLOMIPHENE CITRATE (Clomid) CYCLE

### Before cycle start

- ❖ Start vitamins with folic acid (0.4 mg or 400 mcg)
- ❖ Review questions with doctor
- ❖ Ovulation Induction and IUI Consent form downloaded from [www.bostonivf.com/documents](http://www.bostonivf.com/documents), signed and returned to Boston IVF
- ❖ Approval from financial department

### Period start

- ❖ Period start is defined as cycle day 1
- ❖ Call your doctor's Nurse during business hours (9am to 4pm)
- ❖ Please do not page doctor on call at night to report onset of menstruation

### Clomiphene citrate (Clomid) start

- ❖ The nurse will instruct you to begin Clomiphene Citrate (Clomid or CC)
- ❖ The usual start day is cycle day 3

- ❖ The day CC is started is referred to as Treatment Day 1 (vs. cycle day)
- ❖ The nurse will instruct you on the number of pills to take and for how many days
- ❖ CC is typically administered: 100 mg (2 pills) for 5 days (day 3-7 of cycle)

### Monitoring

- ❖ Typically started on day 11 of the cycle (day 9 of treatment)
- ❖ Consists of daily urine ovulation predictor kits (OPK)
- ❖ Perform OPK test each day between 10 AM and 4 PM
- ❖ Call nurse/medical assistant on day of color change to schedule IUI the following day

- ❖ On weekends, your call will be automatically forwarded to a nurse in the Waltham office
- ❖ If no color change occurs by the 5<sup>th</sup> day of testing (day 15), call nurse to schedule testing
- ❖ Testing will consist of an ultrasound and a blood test
- ❖ HCG injection may be prescribed if ovulation does not occur spontaneously

### Day of IUI

- ❖ Performed day after color change
- ❖ Performed at your doctor's office Monday – Friday
- ❖ On weekends and holidays, only performed in Waltham office.
- ❖ No restrictions on activity afterwards