

### **Gonal-F (75 IU vials)**

This medication is packaged with 1 vial of powder, 1 syringe filled with sterile water, one 18g 1 ½” mixing needle (pink) and one 27g ½” injecting needle (grey)

Flip plastic cap off as many vials of powder as you have been instructed to use

Clean the rubber stoppers of all vials with alcohol

then You will need only **ONE** syringe filled with sterile water, Uncap the syringe(snap down and pull off the white cap)

Remove the safety cap from the mixing needle (twist the top part of the pink papered end off)

Push the needle firmly onto the end of the syringe

Grasping the syringe with one hand and the needle cap with the other pull hands about one foot apart safely removing the cap from the needle

Insert the needle straight through the inner circle on the rubber stopper of the vial of powder, slowly inject all of the liquid into the powder if it does not dissolve instantly, (swirl don't shake) the contents

Invert the vial and pull the tip of your needle down into the channel that goes through rubber stopper

Pull back on the plunger to remove all the liquid from the vial (make sure the tip of your needle is as close as possible to the rubber stopper, you should be able to visualize the tip of the needle through the break in the rubber stopper, adjust the tip of the needle if necessary)

Remove the needle from the vial

If using more then 75 IU's (1 vial of powder) continue dissolving vials of powder

One at a time with the same syringe of water until you dissolve all recommended vials of powder

**If you are using Lupron as well, draw up your recommended dose of Lupron and inject it into the last vial of prepared medication to take 1 injection at a time (always measure Lupron with the ½ cc syringe)**

Withdraw all liquid back into the syringe, Pull back on the plunger to clear the needle of any liquid

Recap the needle carefully,

Remove the needle from the syringe with a twisting and pulling motion

Remove the safety cap from the injecting needle (twist the top part of the grey papered end off) Push the needle firmly onto the end of the syringe

Grasping the syringe with one hand and the needle cap with the other pull hands about one foot apart safely removing the cap from the needle

hold the syringe with the needle pointing up, gently press on the plunger until you remove the air pocket from the top and a drop of liquid appears at the tip of the needle

Snap on any air bubbles to remove them (snap out what you can and do not worry about the rest they will not hurt you)

Inject subcutaneously into the fatty tissue

Cleanse the area approximately 2 inches on either side of the navel with alcohol, let the alcohol dry (do not blow on it) Take a pinch of fatty tissue

Hold the syringe like a pencil or a dart, the needle should be approximately 1 inch away from the skin, insert the needle quickly into skin (not hard but quick) with one fluid motion

Let go of the pinch of skin and inject the medication (it does not matter how quickly you inject the medication)

Remove the needle and place entire syringe into a sharps container

***If you have any questions please contact Patient Educational Services at 781-434-6524***

F-PE-5013 Rev. 0