

BOSTON **IVF**

Q-Cap

For use with Bravelle and Menopur

If you are using a 3cc syringe to mix your powder medication you can use the Q-Cap. Open your 3cc syringe and remove the 1 ½ inch needle. Replace the needle with the Q-Cap; it screws right on to the syringe. pull the plunger back to the 1cc mark (the top ring of the black piece should be at the long line at the number 1, the needle should be pointed up)

Push the point of the Q-Cap through the rubber stopper of the vial of diluent
Invert the vial; push on the plunger injecting 1cc of air into the vial of diluent (to break the vacuum)

Withdraw 1cc of diluent by letting go and then pulling back on the plunger
Pull back past the 1cc mark then push back up to the 1cc mark (some vials contain only 1cc of diluent)

Remove the Q-Cap from the vial

Inject 1cc of diluent into the first vial of powder if it does not dissolve instantly, (swirl don't shake) the contents

Invert the vial, withdraw all the liquid

Inject this mixture into the 2nd vial of powder

Continue injecting the mixture into vials of powder until you dissolve all your recommended powders

If you are using Lupron as well draw up your recommended dose of Lupron and inject it into the last vial of prepared medication to take 1 injection at a time (always measure Lupron with the ½ cc syringe)

Withdraw all liquid back into the 3cc syringe

Remove the Q-Cap from the vial, hold the syringe with the Q-Cap pointing up

Remove Q-Cap and replace it with a ½" needle

With the needle pointing up, gently press on the plunger until a drop appears at the tip of the needle

Snap on any air bubbles to remove them (snap out what you can and do not worry about the rest they will not hurt you)

Inject subcutaneously into the fatty tissue

Cleanse the area approximately 2 inches on either side of the navel with alcohol, let the alcohol dry (do not blow on it)

Take a pinch of fatty tissue

Hold the syringe like a pencil or a dart, the needle should be approximately 1 inch away from the skin, insert the needle quickly into skin (not hard but quick)

Let go of the pinch and inject the medication (it does not matter how quickly you inject the medication)

Remove the needle and place entire syringe into a sharps container

If you have any questions please contact Patient Educational Services at 781-434-6524